**卷三 目痛门**

人有无故忽视物为两人，以为肝气之有余，谁知是脑气之不足乎。盖目之系下通于肝，而上实属于脑，脑气不足，则肝之气应之，肝气大虚不能应脑，于是各分其气以应物，因之见一为两矣。孙真人曰：邪中于头，因逢身之虚其入深，则随目系入于脑，入于脑则转，转则目系急，急则目眩以转。邪中于睛，所中者不相比则睛散，睛散则岐，故见两物。此言尚非定论。治法必须大补其肝气，使肝足以应脑，则肝气足而脑气亦足也。方用**助肝益脑汤**：

[白芍](http://www.zysj.%63%6F%6D.cn/zhongyaocai/yaocai_b/baishao.html" \o "中药材：白芍" \t "_blank)二两 [当归](http://ww%77%2E%7A%79%73%6A%2Ecom.cn/zhongyaocai/yaocai_d/danggui.html" \o "中药材：当归" \t "_blank)一两 [人参](http://www.zy%73%6A%2E%63%6F%6D%2E%63%6E/zhongyaocai/yaocai_r/renshen.html" \o "中药材：人参" \t "_blank)三钱 [郁李仁](http://www.zysj.com.c%6E/zhongyaocai/yaocai_y/yuliren.html" \o "中药材：郁李仁" \t "_blank)二钱 [柴胡](http://www.zysj.co%6D%2Ecn/zhongyaocai/yaocai_c/chaihu.html" \o "中药材：柴胡" \t "_blank)五分 [天花粉](http://www.zysj.com.c%6E/zhongyaocai/yaocai_t/tianhuafen.html" \o "中药材：天花粉" \t "_blank)二钱 [细辛](http://w%77%77%2E%7A%79%73%6A%2E%63%6F%6D%2E%63%6E/zhongyaocai/yaocai_x/xixin.html" \o "中药材：细辛" \t "_blank)五分 川芎三钱 甘[菊花](http://www.zysj.%63%6Fm.cn/zhongyaocai/yaocai_j/juhua.html" \o "中药材：菊花" \t "_blank)五钱 [薄荷](http://www.zysj.com.%63%6E/zhongyaocai/yaocai_b/bohe.html" \o "中药材：薄荷" \t "_blank)八分 生地五钱 天门冬三钱 [甘草](http://www.zys%6A%2Ecom.cn/zhongyaocai/yaocai_g/gancao.html" \o "中药材：甘草" \t "_blank)一钱 [白芷](http://www.zys%6A%2E%63%6F%6D%2E%63%6E/zhongyaocai/yaocai_b/baizhi.html" \o "中药材：白芷" \t "_blank)三分 水煎服。

此症亦可用**补瞳神丹**。

[当归](http://ww%77%2E%7A%79%73%6A%2Ecom.cn/zhongyaocai/yaocai_d/danggui.html" \o "中药材：当归" \t "_blank) [白芍](http://www.zysj.%63%6F%6D.cn/zhongyaocai/yaocai_b/baishao.html" \o "中药材：白芍" \t "_blank)各一两 [郁李仁](http://www.zysj.com.c%6E/zhongyaocai/yaocai_y/yuliren.html" \o "中药材：郁李仁" \t "_blank) 黑[荆芥](http://www.zysj.c%6F%6D%2E%63%6E/zhongyaocai/yaocai_j/jingjie.html" \o "中药材：荆芥" \t "_blank) 丹皮各三钱 [麦冬](http://www.zysj%2E%63%6F%6D%2Ecn/zhongyaocai/yaocai_m/maidong.html" \o "中药材：麦冬" \t "_blank) 川芎 葳蕤各五钱 [细辛](http://w%77%77%2E%7A%79%73%6A%2E%63%6F%6D%2E%63%6E/zhongyaocai/yaocai_x/xixin.html" \o "中药材：细辛" \t "_blank)五分 水煎服。二剂愈。